

**East CC League  
Camperdown Park  
Dundee  
Saturday 22<sup>nd</sup> November, 2022**

**Officials**

|                        |                                                                       |
|------------------------|-----------------------------------------------------------------------|
| Referee:               | Ron Morrison                                                          |
| Assistant Referee:     | Carol Rose                                                            |
| Clerk of Course:       | Dave Hanlon                                                           |
| Chief Course Marshal:  | Billy Gibson                                                          |
| Timekeepers:           | Alan Carruthers (Chief), Ian Docherty                                 |
| Time Recorders:        | Douglas Carruthers (Chief), Ian Mann                                  |
| Place Recorders:       | Allan Smith (Chief), Ian Hislop, Rachel Halliday,<br>Linden Nicholson |
| Judges/Funnel Control: | Andy Law (Chief), Phyllis Law, Gillian Gibson                         |
| Starter:               | Kevin Rose                                                            |
| Starter's Assistants:  | Sandra Hardacre, Carol Rose                                           |
| Officials Report:      | Alex Jackson                                                          |
| Announcer:             | Andy Ronald                                                           |
| Results:               | Alex Jackson, Ron Morrison                                            |
| Host Club(s):          | Dundee Hawkhill H                                                     |

**East District Cross Country League**  
**Camperdown Park, Dundee DD2 4TF**  
**19<sup>th</sup> November 2022**

**(1) Venue**

From the West//South, Follow the A90 to Dundee/Aberdeen and leave at the slip road to the A923 signposted to Coupar Angus. Turn left at the end of the slip road and at the next roundabout turn left into the Parking area.

From the North/ East Follow the A90 to Dundee/Perth and leave at the slip road to the end of the slip road take the 3<sup>rd</sup> Exit onto the A923 and then as above

**(2) Parking**

At Camperdown Leisure Complex, Kingsway West. Ice Rink end of large car park.

We are not using the Ice rink arena, you will not be able to access their toilets.

**(3) Courses**

The courses are suitable for spikes

**(4) Club Tents/Gazebos**

Can be dropped at the top of the course and erected as shown on the Course Map.

After dropping, please move vehicle to Ice Rink car park

**(5) Toilets**

There will be mobile toilets at the venue. See map

**(6) Results**

Team Managers should submit results by filling in athlete's names in finish order in the excel sheet template on the front page of the league website at "Results"

**(7) Scoring**

Under 11, Under 13, Under 15 Boys and Under 15 Girls/ Under 17 Women races are all 3 to score

Senior/Junior/Master's Women are 4 to score

Senior/Junior/Master's Men are 6 to score

Master's Men and Master's Women are 3 to score.

Master's athletes (Over 40) should have a large "V" next to their club number

**(8) Results**

Will be posted on the league website

**(9) Food**

There will be no food available at the venue.

## East League 2022 Camperdown Park Dundee. DD2 4TF. Saturday 19<sup>th</sup> November 2022



U11 Girls 12.00 pm  
 U11 Boys 12.15 pm  
 U13 Girls 12.30 pm  
 U13 Boys 12.50 pm  
 U17 Men 13.05 pm  
 U20/Senior/Masters Women 13.10 pm  
 U15 Boys 13.45 pm  
 U15 Girls/ U17 Women 14.00 pm  
 U20/Senior/Masters Men 14.20 pm

Start-A-B-C-Z-Finish 1600m  
 Start-A-B-C-Z-Finish 1600m  
 Start-A-B-X-D-E-F-Z-Finish 3200m  
 Start-A-B-X-D-E-F-Z-Finish 3200m  
 Start-A-B-X-D-E-F-Z-Start 2 laps – Finish 6400m  
 Start-A-B-X-D-E-F-Z-Start 2 laps – Finish 6400m  
 Start-A-B-C-X-D-E-F-Z-Finish 4000m  
 Start-A-B-C-X-D-E-F-Z-Finish 4000m  
 Start-A-B-X-D-E-F-Z START 3 Laps – Finish 9600m